Medication Dos
In Hospital

These dos can help make sure your medicine works safely to improve your health.

👍 Inform your doctor, nurse or pharmacist about any medication you are currently taking including prescription, over the counter, complementary, alternative or recreational medication.

👍 Tell your doctor, nurse or pharmacist if you are pregnant, intend to become pregnant or are breastfeeding.

👍 Tell your doctor or pharmacist about any known allergies and/or allergic reactions you have had to previous medication.

👍 Ask your doctor, nurse or pharmacist to explain the reason why you are taking the prescribed medication and how it will affect or benefit your current condition.

👍 Ask your doctor, nurse or pharmacist to explain what to expect when using the medication and how long it will take to start working.

👍 Familiarise yourself with the administration times for your medication. This will assist in preventing any missed doses.

👍 Check if your medication is likely to make you drowsy. If so, please ask for assistance when getting in or out of bed, and also when walking around in the facility.

👍 Confirm expected side effects caused by the use of the medication. Report any side effects you experience.

👍 Some medication is greatly affected by the presence or absence of food. To prevent suboptimal treatment, it is important to consult your healthcare professional and verify the specific requirements for your medication.

👍 Ask your doctor, nurse or pharmacist to explain the benefits of using generic medication if available.

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Medication Don'ts
In Hospital

These don'ts can help make sure your medicine works safely to improve your health.

Don't take any medications, over the counter or prescribed, with your current medication. Consult your doctor or pharmacist first.

Don't change your medication dose or schedule. Consult your doctor or pharmacist.

Don't refuse or skip a dose of your medication. Inform your doctor.

Don't use medication prescribed for someone else, or share your medication with others.

Don't crush or break any tablets or capsules unless your doctor or pharmacist instructs you to do so.

Once discharged, don't continue using other medication at home without consulting your doctor first.

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